

Biomonitoring in Arbeitsmedizin und Umweltmedizin Gerhard Triebig
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der inhalt biomonitoring engl biological monitoring ist die bestimmung von schadstoffen ihrer stoffwechselprodukte und deren im organismus an proteine oder an die dna gebundenen formen diese substanzen können in körperflüssigkeiten quantitativ nachgewiesen werden durch moderne analyseverfahren ist auch der nachweis von sehr geringen konzentrationen vieler umweltmedizinisch relevanter schadstoffe erfassbar bspw metalle organ lösungsmittel pflanzenschutzmittel etc das biomonitoring stellt so eine wertvolle möglichkeit dar den einzelnen menschen vor den wirkungen gesundheitsschädlicher arbeitsstoffe zu schützen individualprävention und gehört damit zum arbeitsmedizinischen untersuchungsprogramm nach ersten anfängen in den 30er jahren hat das biomonitoring seit den 60er jahre in der arbeits und umweltmedizin ständig an bedeutung gewonnen seine breitere anwendung wurde durch immer bessere analysetechniken möglich in dem buch werden die begrifflichkeiten erklärt es hilft die untersuchungsergebnisse besser beurteilen und die zuverlässigkeit besser einschätzen zu können möglichkeiten und grenzen des biomonitoring werden aufgezeigt macht es sinn eine solche untersuchung durchzuführen aus dem inhalt

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